

Study program: Physical Education and Sport				
Type and level of studies: Basic academic studies				
<b>Course title:</b> THEORY AND TEACHING METHODS OF VOLLEYBALL				
<b>Lecturer or lecturers</b> (for lectures): <b>Nešić P. Goran</b>				
<b>Lecturer / Associate</b> (for practice): <b>Grbić M. Vladimir, Majstorović J. Nikola</b>				
Course status: Obligatory				
<b>ECTS:</b> 5				
Condition: None				
<b>Course objectives:</b> To introduce students to the basics of volleyball, to ensure the understanding of fundamental game principals and to teach them how to organize and implement the teaching segment of volleyball in primary school and high school, as a part of regular curriculum and extracurricular activities (volleyball section and competitions), as well as in different recreational and basic volleyball programs.				
<b>Course outcome:</b> Each student is enabled to use the volleyball knowledge, he understood the game principles and he is able to demonstrate elemental volleyball skills and tactical maneuvers; He is enabled to independently apply volleyball as a mean in physical education curriculum in primary schools and high schools. He is expected to be capable to organize and carry out volleyball classes as extracurricular activities – trainings and competitions as a part of volleyball section, as well as to organize recreational activities using volleyball as a means to do so. In addition, the best student is able to work independently with volleyball beginners in so called volleyball schools, as well as with other sub senior volleyball players.				
<b>Contents description:</b> <i>Theoretical instruction:</i> Volleyball history, Volleyball rules, Competitive activity structure, Success dependent factors in volleyball, Volleyball selection, Volleyball technique, Volleyball tactic, Methodology of basic volleyball technical elements learning, Basic anthropometry in volleyball, Volleyball training basic planning and programming, Volleyball as means for physical education classes, Volleyball as a recreational mean, Other forms of volleyball (beach volleyball, water volleyball, street volleyball...) <i>Practical classes:</i> Volleyball technique, Methodology of basic volleyball technical elements learning, Volleyball tactic, Methodology of basic volleyball tactics learning, Volleyball rules, Volleyball as means for physical education classes, Volleyball as a recreational mean.				
<b>References:</b> Stojanović, T., Kostić, R. i Nešić, G. (2005). Odbojka ( <i>Volleyball</i> ). Grafid. Banja Luka: Faculty of physical education and sport. Stojanović, T. Kostić, R. i Nešić, G. (2010). Odbojka – tehnika i taktika ( <i>Volleyball – technique and tactic</i> ). Kasper. Banja Luka: Faculty of physical education and sport. Nešić, G. (2002). Opšta antropomotorika ( <i>Basic anthropometrics</i> ). Standard 2. Belgrade: Sports academy Stojanović, T. Nešić, G. i Karalić, T. (2010). Efikasnost takmičarske aktivnosti odbojkašica i odbojkaša na vrhunskim takmičenjima (Competitive activity efficiency of female and male volleyball players in top competitions). Grafopapir. Banja Luka: Faculty of physical education and sport. Nešić, G. i Sikimić, M. (2010). Teorija i metodika odbojke – praktikum (Theory and methodology of volleyball – Practicum). 3D+. Belgrade: Faculty of sport and physical education.				
<b>No. of active classes</b>				Other classes:
Lectures: 2	Exercises/ Practical classes: 3	Other forms of teaching:	Study research work:	
<b>Teaching method</b> Theoretical lectures; practical lectures				
<b>Knowledge assessment (maximum score 100)</b>				
<b>Exam prerequisites</b>	<b>points</b>	<b>Final examination</b>	<b>points</b>	
Class Activities	<b>10</b>	Written examination		
Practical instruction	<b>10</b>	Practical examination	<b>30</b>	
Preliminary exam / Colloquium	<b>20</b>	Oral examination	<b>20</b>	
Seminar papers	<b>10</b>	.....		